





Courses and Activities to Choose From!

Arts Education	NDSS	Dover	Wellington	Ladysmith	John Barsby	Cedar
Dance						
Dance Foundation	1	1				√
Dance Performance	√	✓				
Choreography	√					
Drama						
Drama	√	1	1	1	1	√
Theatre Productions	· /	1	1	1	1	·
Musical Theatre	·	·	· /	1	ŕ	
	√	√ ·	√	1	√	
Directing and Script Writing	,	·	·	·	·	
Music	√	1	1	1	1	1
Instrumental Music (Concert)	ľ	· .	,		,	Ť
Musical Theatre Band		,	√	by demand		
Contemporary Music (Jazz)			· •	•	√	, , , , , , , , , , , , , , , , , , ,
Jazz Studies			*		•	by demand
Visual Arts						
Studio Arts	*	√	√	*	*	*
Graphic Arts	√	Y	√	*	Y	*
Studio Arts 2D	*	*	√	√	√	*
Studio Arts 3D	✓	✓	✓	✓	✓	✓
Design, Skills and Technology	NDSS	Davier	Wellington	1 male constale	Jaha Dandus	
		Dover	1	Ladysmith	John Barsby	Cedar
Outdoor Education (Wilderness Studies)	√	✓	weilington	Ladysmith	John Barsby ✓	✓
			1			
Outdoor Education (Wilderness Studies)			1			
Outdoor Education (Wilderness Studies) Home Economics	✓		✓			4
Outdoor Education (Wilderness Studies) Home Economics Foods	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	✓			√
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *		* * * * * * * * * * * * * * * * * * *	✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	✓			√
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *		* * * * * * * * * * * * * * * * * * *	✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *		* * * * * * * * * * * * * * * * * * *	✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * *	✓ ✓ ✓ ✓ ✓ ✓ ✓	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	✓ ✓ ✓ ✓ ✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development Web Design	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	✓ ✓ ✓ by demand
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development Web Design Programming	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	✓ ✓ ✓ by demand
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development Web Design Programming Graphic Production	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	✓ ✓ ✓ by demand ✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development Web Design Programming Graphic Production Photography	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	✓ ✓ ✓ by demand ✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development Web Design Programming Graphic Production Photography Film and Television	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	✓ ✓ ✓ by demand ✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development Web Design Programming Graphic Production Photography Film and Television Technology Education	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	✓ ✓ ✓ by demand ✓
Outdoor Education (Wilderness Studies) Home Economics Foods Textiles Fashion Industry Culinary Arts Child and Family Development Information Technology Computer Studies Media Development Web Design Programming Graphic Production Photography Film and Television Technology Education Woodwork	* * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * * *	√ ✓ by demand ✓

Business Education		NDSS	Dover	Wellington	Ladysmith	John Barsby	Cedar
Entrepreneurship		✓	✓	4	✓	✓	
Marketing		✓	✓	✓		✓	
E-Commerce				✓			
Languages		NDSS	Dover	Wellington	Ladysmith	John Barsby	Cedar
French		✓	1	✓	1	✓	✓
Spanish		✓	✓	✓	Gr. 9-11		✓
hul'q'umi'num'		✓	1	✓	1	✓	✓
Physical and Health	Education	NDSS	Dover	Wellington	Ladysmith	John Barsby	Cedar
Physical and Health Educ	Physical and Health Education		✓	✓	✓	✓	✓
Soccer			✓				
American Football						✓	
Volleyball			✓	✓		✓	✓
Basketball		✓	✓	✓	✓	✓	✓
Yoga			✓		✓		
Dance Fitness			✓				
Fitness and Conditioning	;	✓	✓	✓	✓	✓	✓
Activities		NDSS	Dover	Wellington	Ladysmith	John Barsby	Cedar
Athletic Teams	Season						
Basketball	Fall	4	✓	✓	√	✓	√
Volleyball	Fall	√	√	✓	√	✓	√
American Football	Fall	4				✓	
Boys Soccer	Fall	4	√	1	1		
Girls Soccer	Spring	4	√	√	1		
Girls Field Hockey	Fall	✓	√				
Rugby	Spring	√	by demand	√	by demand		√
Mountain Biking	Spring		,		1		✓
Swimming	Fall	1	√	√	1	✓	
Golf	Spring		√	√	by demand	√	by demand
Track and Field	Spring	√	√	√	1	✓	· •
Cross-country Running	Fall	√	✓	✓	by demand	✓	✓
Badminton	Spring	√	√		,		√
Athletic Clubs							
Badminton	Spring		✓	✓	✓	✓	
Triathlon	Spring		✓				
Intramurals	Year long	4	✓	✓	✓	✓	✓
Dance Team	Year long	✓	✓				
Weight Room	Year long	✓	✓	✓	✓		✓
Student Clubs (Many more are offered							
Student's Council	Year long	✓	✓	✓	✓	✓	✓
Service Clubs	Year long	✓	✓	✓	✓	✓	✓
Eco Club	Year long	✓	✓	✓	✓	✓	✓
Art Activities	Year long	✓	✓	✓	✓	✓	✓





